

**ENTRANCE ANTIPHON**

My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.

**PENITENTIAL RITE** *all join in saying*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

**COLLECT**

O God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy  
Spirit, one God, for ever and ever.  
**R. Amen.**

**FIRST READING** *from the book of Exodus 20:1-17*

God spoke all these words. He said, 'I am the Lord your  
God who brought you out of the land of Egypt, out of the  
house of slavery.

'You shall have no gods except me.

'You shall not make yourself a carved image or any  
likeness of anything in heaven or on earth beneath or in  
the waters under the earth; you shall not bow down to  
them or serve them. For I, the Lord your God, am a  
jealous God and I punish the father's fault in the sons, the  
grandsons, and the great-grandsons of those who hate  
me; but I show kindness to thousands of those who love  
me and keep my commandments.

'You shall not utter the name of the Lord your God to  
misuse it, for the Lord will not leave unpunished the man  
who utters his name to misuse it.

'Remember the Sabbath day and keep it holy. For six  
days you shall labour and do all your work, but the  
seventh day is a Sabbath for the Lord your God. You shall  
do no work that day, neither you nor your son nor your  
daughter nor your servants, men or women, nor your  
animals nor the stranger who lives with you. For in six  
days the Lord made the heavens and the earth and the  
sea and all that these hold, but on the seventh day he  
rested; that is why the Lord has blessed the Sabbath day  
and made it sacred.

'Honour your father and your mother so that you may have  
a long life in the land that the Lord your God has given to  
you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against your neighbour.

'You shall not covet your neighbour's house. You shall not  
covet your neighbour's wife, or his servant, man or  
woman, or his ox, or his donkey, or anything else that is  
his.'

The Word of the Lord.

**R. Thanks be to God.**

**PSALM 18** *all say the response R. after the Reader and  
after each verse of the psalm*

**R. You, Lord, have the message of eternal life.**

The law of the Lord is perfect,  
it revives the soul.

The rule of the Lord is to be trusted,  
it gives wisdom to the simple. **R.**

The precepts of the Lord are right,  
they gladden the heart.

The command of the Lord is clear,  
it gives light to the eyes. **R.**

The fear of the Lord is holy,  
abiding for ever.

The decrees of the Lord are truth  
and all of them just. **R.**

They are more to be desired than gold,  
than the purest of gold  
and sweeter are they than honey,  
than honey from the comb. **R.**

**SECOND READING** *from the first letter of St Paul to the  
Corinthians 1:22-25*

While the Jews demand miracles and the Greeks look for  
wisdom, here are we preaching a crucified Christ; to the  
Jews an obstacle that they cannot get over, to the pagans  
madness, but to those who have been called, whether  
they are Jews or Greeks, a Christ who is the power and  
the wisdom of God. For God's foolishness is wiser than  
human wisdom, and God's weakness is stronger than  
human strength.

The Word of the Lord.

**R. Thanks be to God.**

**GOSPEL ACCLAMATION** *all join in saying the Gospel  
Acclamation*

**Praise to you, O Christ, king of eternal glory!**

**I am the resurrection and the life, says the Lord,  
whoever believes in me will never die.**

**Praise to you, O Christ, king of eternal glory!**

**GOSPEL**

The Lord be with you.

**R. And with your spirit.**

A reading from the holy Gospel according to John 2:13-25

**R. Glory to you, O Lord.**

Just before the Jewish Passover Jesus went up to  
Jerusalem, and in the Temple he found people selling  
cattle and sheep and pigeons, and the money changers  
sitting at their counters there. Making a whip out of some

cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord.  
**R. Praise to you, Lord Jesus Christ.**

**PROFESSION OF FAITH** *all join in saying*  
I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

**PRAYER OVER THE OFFERINGS**  
Be pleased, O Lord, with these sacrificial offerings,  
and grant that we who beseech pardon for our own sins,  
may take care to forgive our neighbour.  
Through Christ our Lord.  
**R. Amen.**

**COMMUNION ANTIPHON**  
For anyone who drinks it, says the Lord,  
the water I shall give will become in him  
a spring welling up to eternal life.

**PRAYER AFTER COMMUNION**  
As we receive the pledge  
of things yet hidden in heaven  
and are nourished while still on earth  
with the Bread that comes from on high,  
we humbly entreat you, O Lord,  
that what is being brought about in us in mystery  
may come to true completion.  
Through Christ our Lord.  
**R. Amen.**

---

**WHAT TO EXPECT AT MASS** We have put in place some new measures to ensure a safe and welcoming environment for all. This may mean that Mass feels a little different to the way we are used to celebrating. Please read our guidelines below:

**WHEN YOU ARRIVE** You will be welcomed by a volunteer steward. You will be directed to the hand sanitizer.

All people entering church must wear a face covering at all times.

You must adhere to social distancing guidelines in place. Any children accompanying you must do the same.

Baskets will be available at the entrance (and exit) for your weekly envelopes or other contributions.

There will also be contactless donation points available for those wishing contribute via debit card.

Toilets will remain closed at all times except for a genuine emergency. The Gift Shop will be closed.

**DURING MASS** There will be no Sign of Peace. There will be no congregational singing.

**HOLY COMMUNION** Will be distributed after the final dismissal of the Mass.

The words "The Body of Christ" and the reply "Amen" will only be said once at the beginning of distribution. They will not to be repeated for each person receiving Holy Communion.

The volunteer stewards will direct you to approach the altar to receive Holy Communion.

You may only receive the Sacred Host in your hand and not on your tongue.

Communicants must avoid skin to skin contact with the minister's hands.

You must then step to one side, lower your face covering and place the Sacred Host in your mouth then follow directions to leave the Cathedral immediately.

**AFTER MASS** Please take home any newsletters, Mass sheets and other papers you may use.

Use only the designated exit.

Please do not gather in the Cathedral porch or on Cathedral property for conversations.

Continue to wear your face covering until you leave the area where other people are.

*If you are experiencing a high temperature, a new continuous cough or loss or change of taste / smell please return home and consult your GP.*

While we will attempt to take appropriate precautions consistent with the advice of public health authorities, parishioners should understand that they assume the risk of contracting COVID-19 any time they enter a public space since such precautions do not eliminate the risk of infection.