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We are deeply grateful for the donations we receive from our congregation and our community. Now, more than ever, we need your support.

Please visit www.liverpoolmetrocathedral.org.uk/support-us or text **METROCATHERAL** to **70460** to donate £5*.

*Texts cost £5 plus one standard rate message. If you do not wish to opt-in to hear more about our work and fundraising via text, but would still like to donate £5, text METROCATHERALNOINFO instead.



Cathedral Record

www.liverpoolmetrocathedral.org.uk

Fratelli Tutti

Pope Francis has written a new encyclical which is due out next week, on 3rd October. It is entitled 'Fratelli Tutti', which sounds more like a title for a new brand of ice cream rather than a papal document. However, the title is a direct quotation from St Francis of Assisi which translates as Fraternity and Social Friendship. It is a reflection on something that Pope Francis cares deeply about, a concern for one another for other human beings regardless of any difference or affiliation. The title, though it uses the word fraternity is inclusive of everyone. We live in a time marked by war, poverty, migration, climate change and pandemic. Recognising a brother or sister in everyone we meet and for Christians, recognising the face of Jesus in those who suffer – these responses reaffirm the irreducible dignity of every human person created in the image of God. They also remind us that no one can ever emerge from the present hardships alone, one against another, the global north against the global south, the rich against the poor or any other excluding differentiation. One of the central themes of the encyclical reflects on our common belonging and responsibility. It is a reflection on our hopes for the future and encourage the church and people of good will to take responsibility for making those hopes a reality by working together. Pope Francis will sign the document in Assisi to show the link with St Francis on October on 3rd October.

If you want a change from watching mainstream TV and Netflix I can highly recommend a YouTube documentary on the life of a religious sister, Sister Clare Crockett. It is entitled 'All or Nothing Sister Clare Crockett'.

Sister Clare, originally from Northern Ireland, served as a religious working with young people and parishes in Spain, USA and finally in Ecuador where her life was tragically ended as victim of a major earthquake in 2016 at the age of 34. Her life story is truly inspiring, a story of a joyful conversion, generous service and full of life and happiness in her vocation. Worth a watch.

The government has introduced a new NHS COVID-19 mobile app to help with Test and Trace, which allows you to register your details through scanning a NHS QR code.

The new [NHS COVID-19](https://www.nhs.uk/covid-19) mobile app is available to download now. The cathedral's QR code is displayed on notices in the main entrance for you to use each time you visit us. These details are securely held for 21 days and then deleted - full details about the app are available at: [covid19.nhs.uk](https://www.nhs.uk/covid19.nhs.uk)

You may however continue to use the paper based system to register your details, a slip is available in the cathedral on the welcome desk or you can [download and print \(PDF\)](#). It will be kept securely for 21 days and then destroyed. Registering details is not compulsory for places of worship but everyone is encouraged to register their details in order to help society beat this life-threatening virus.

Canon Anthony O'Brien Cathedral Dean

Mass & Service Times

All services take place in the cathedral unless marked otherwise

WEEK COMMENCING: 27 September 2020

Sunday 27 September
26th Sunday of Ordinary Time
 9.00am Mass
 11.00am Mass
 This Mass will be streamed live on Facebook and Youtube

Monday 28 September
 12noon Mass

Tuesday 29 September
Saints Michael, Gabriel, Raphael Archangels
 12noon Mass

Wednesday 30 September
St Jerome
 12noon Mass

Thursday 1 October
St Teresa of the Child Jesus
 12noon Mass

Friday 2 October
The Guardian Angels
 12noon Mass

Saturday 3 October
 10.00am Mass
 4.00pm Mass

RECONCILIATION (Confession)
Monday - Friday:
 Following the 12noon Mass.
Please note that there are no Confessions on Holy Days.

Saturday: 3.00pm – 3.45pm

Confessions will take place in the St Columba Chapel.

Crypt
 Crypt Chapel

SS -
 55 Seel St,
 Missionaries of
 Charity

RLUH -
 Royal Liverpool
 University Hospital

CLERGY:

PRIESTS:
 Canon Anthony O'Brien Dean
 Fr Stephen Lee
 Fr Chris McCoy
 Fr Peter Murphy

DEACONS:
 Rev Noel Abbott
 Rev Paul Mannings

Tel: 0151 709 9222

Email: enquiries@metcathedral.org.uk

Cathedral Notice Board

MASS INTENTIONS

Anthony Murphy (RIP), Alexandra Clare (Birthday Remembrance), Thomas Dry (RIP), Valerie Watson (Recovery), Smith Family (Intentions), Baby Carter (Successful Operation), Mike Harrington (RIP), Sr Mary Ann (18th Anniversary of the Profession), Carole Jones (RIP), In Memory of Elizabeth McDonald, In Memory of Ward Family, In Memory of Joan and Ray Wainwright, In Memory of John Lewis, In Memory of Cahill Family, Carolyn Heard, Bill Ives Family and Friends, Rose Langan, Noelle and Mike Duffy, Pauline Hastie (Sick), Karen Sim (RIP), Gerard Webb (RIP), Holy Souls.

MICAH

Just a reminder also that donations in kind can still be dropped off any time at the constable's lodge at the Anglican Cathedral, outside Liverpool Parish Church, and also at St Vincent's from 10am on Tuesdays and at St Bride's from 10am on Thursdays. As in past weeks the things that they need the most are pasta and tinned fish.

<https://micahliverpool.com/latest-news/>

PASTORAL FORMATION UPDATE

New resources now available include:
Reflection for the Twenty Sixth Sunday in Ordinary Time (also available as an audio download).
Readings for the Twenty Sixth Sunday in Ordinary Time.
All can be accessed/downloaded at

<https://www.liverpoolcatholicresources.com/> or through <http://www.liverpoolcatholic.org.uk/> by clicking on 'Prayer and Other Resources'.

POLITE NOTICE

While we will attempt to take appropriate precautions consistent with the advice of public health authorities, parishioners should understand that they assume the risk of contracting COVID-19 any time they enter a public space since such precautions do not eliminate the risk of infection.

For your information, and to support people at home who are still shielding, we will be livestreaming and recording the Mass at 11.00am. The recording will be shown live on Facebook and Youtube, and a copy of the recording will be available on these platforms. Please note the camera will be directed away from people receiving Holy Communion. Should you wish not to be filmed, please speak to Cathedral Security, or one of the Stewards who will direct you to a seat in the West Gallery.

PRAYERS FOR THE WEEK AHEAD

We pray for the members of Pope Francis' team who are drawing up guidance to enable us to Prepare the Future. We ask for all the gifts of the Holy Spirit for them in their vital work, and for ourselves, that we will have the generosity to respond to the urgent crisis of climate change.

We pray for all those who continue to suffer from the many effects of the COVID-19 pandemic: • for those who have died and those who are bereaved, • for those who have continuing ill health and those who care for them, • and for all those who have lost their jobs or their homes as

a consequence of measures to limit the damage of the infection. We pray also for politicians and other public servants who work to mitigate the damage, and we pray that the community spirit provoked by the lockdown will continue and grow.

GOLDEN BOOK OFFICE

We are pleased to announce that the Golden Book Office is now open on Thursdays only from 12noon – 4pm. Please be patient as we work through the entries which have already been requested. There may be a slight delay in getting your entry processed. Contact details are 0151 707 2107 or email t.lundbeck@metcathedral.org.uk

TIPS THAT MAY HELP DURING THIS PERIOD OF UNCERTAINTY

Turn off the news and your social media for a while. It's so easy to constantly watch all the information that's coming in. Try to avoid news which can make you feel anxious, only choose the stuff that's practical and helpful.

Just check the news once or twice a day and maybe in the morning and early evening.

Share the positive stories you see; of people who have recovered or even a post on social media that made you laugh.

Keep in touch with friends and family with Skype, FaceTime, WhatsApp or a phone call. Connecting with others is so important and can help ease the stress caused by all the news. You can always mute social media groups if they are too overwhelming. Why not connect with those you've not spoken to in a while, and check in with people that may need it.

As far as possible, try and keep up a daily routine, making sure each day has some variety.

Learn simple daily exercises you can do at home. Keep a To-Do list so you can see what you're achieving. Go for a walk, a run or a bike ride. There are lots of workouts available online; to suit everyone – from extreme beginner to expert.

You are perhaps feeling overwhelmed or annoyed at trivial things. You may find it difficult adjusting to a different way of living.

You probably find that times are tough (or tougher) right now. Well, rest assured that it's completely normal to feel overwhelmed or upset about a lot of what is happening right now and getting it out of your system is the best policy. Always remember that social distancing doesn't mean emotional distancing.

Produced by the Archdiocese of Liverpool with the help of Beacon Counselling Trust www.beaconcounsellingtrust.co.uk

VOLUNTEERS NEEDED at THE CLATTERBRIDGE CANCER CENTRE NHS FOUNDATION

The Volunteer Co-ordinator for the Clatterbridge Cancer Centre is looking for volunteers to assist at the Hospital. Duties will include way-finding and general assistance around the wards. If you, or someone you know, would like to become a volunteer you can contact David Lee on 0151 318 8810 or email David.lee3@nhs.net

Last week's collection: **£741.23**



THE MYSTERY OF THE
LUTYENS CRYPT
LIVERPOOL'S BEST KEPT
ARCHITECTURAL SECRET

Reopening soon. Please sign up to our newsletter for updates.

Keep in touch

Be the first to hear about Cathedral news, services and events. Please visit liverpoolmetrocathedral.org.uk/sign-up

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Golden Book of Remembrance

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Please call 0151 707 2107 or email t.lundbeck@metcathedral.org.uk for more information.