

## Mass Intentions Received

Gerard Webb (RIP), Holy Souls, Bobby Shacklady (RIP), Mary Harvey (RIP), Patrick Radcliffe (RIP), Jack O'Neill (Anniversary), Rose O'Neill (Birthday Remembrance), Sheila Murphy (RIP), Joan Morton (Birthday Remembrance), Nora O'Connor (Intention), Ged Lavelle (RIP), Susan Dean (RIP), Joan Riding-Smith (Thinking of you), Doreen Traynor (RIP), Ann Bolger (RIP), Mr Woodhouse (RIP), Patricia Welsley (RIP), Blessing on the Valuchova Family, Pat Procter (RIP), Ann Power (RIP), John, Mary and James Burke

(Remembrance), Andy O'Donnell (RIP), Gordon Gray (RIP), Paula Farrell (RIP), Peter Tynan (Get Well), David McCormick (RIP), Tony Duane (RIP), Emmanuel Nnadubem Ogbua (Thanksgiving), Hamilton Family (Remembrance), Ann Power (RIP), Peter Moss (RIP), Mary Kelly (RIP), James McGann (Birthday Remembrance), Andy McDonnell (RIP), Sharon Knox (RIP), Frederick Brooks (RIP), Steve Archer (RIP), Sonny Chambers (RIP), Tony O'Brien (RIP), Mary and Alan Forde (Intention), Marie and Michael Jackson (Intention), Philip Molyneux (RIP), Carol Bennett (Intention), Frances Sherman (RIP).

## Mass & Service Times

All services take place in the cathedral unless marked otherwise

WEEK COMMENCING 10 March 2019

### Sunday 10 March

#### First Sunday of Lent

**8.30am** Mass  
**10.00am** Family Mass Crypt  
**11.00am** Solemn Choral Mass  
**1.00pm** Polish Mass Crypt  
**3.00pm** Choral Evening Prayer  
**4.00pm** Mass RLUH  
**7.00pm** Mass Crypt

### Monday 11 March

**7.45am** Morning Prayer  
**8.00am** Mass  
**12.15pm** Mass Crypt  
**5.15pm** Sung Mass

### Tuesday 12 March

**7.45am** Morning Prayer  
**8.00am** Mass  
**12.15pm** Mass Crypt  
**5.15pm** Sung Mass

### Wednesday 13 March

**7.45am** Morning Prayer  
**8.00am** Mass  
**12.15pm** Mass Crypt  
**5.15pm** Mass  
**5.45pm** Choral Evening Prayer

### Thursday 14 March

**7.45am** Morning Prayer  
**8.00am** Mass  
**9.00am** Mass SS  
**12.15pm** Mass Crypt  
**5.15pm** Mass  
**5.45pm** Choral Evening Prayer

### Friday 15 March

**7.45am** Morning Prayer  
**8.00am** Mass  
**12.15pm** Mass Crypt  
**5.15pm** Mass  
**5.45pm** Choral Evening Prayer

### Saturday 16 March

**8.45am** Morning Prayer  
**9.00am** Mass  
**6.30pm** Vigil Mass Crypt

### EXPOSITION of the BLESSED SACRAMENT

6.00pm – 7.00pm on Tuesday  
 4.00pm – 5.00pm on Friday

### RECONCILIATION (Confession)

**Monday - Friday:**  
 Following the 12.15pm Mass

**Saturday:** 11.00am – 12noon &  
 3.30pm - 4.30pm

### Crypt

Crypt Chapel

### SS -

55 Seel St,  
 Missionaries of  
 Charity

### RLUH -

Royal Liverpool  
 University Hospital

### CLERGY:

#### PRIESTS:

Canon Anthony  
 O'Brien Dean  
 Mgr Peter Cookson  
 Fr Stephen Lee  
 Fr Philip Carr

#### DEACONS:

Rev Noel Abbott  
 Rev Paul Mannings



Metropolitan Cathedral  
 of Christ the King Liverpool

# Cathedral Record

www.liverpoolmetrocathedral.org.uk

## First Sunday of Lent

**To ponder:** Jesus rejected all the ways he was tempted to make his life easy.

**Pope Francis reflects on selfishness and spiritual sloth:** At a time when we most need a missionary dynamism which will bring salt and light to the world, many lay people fear that they may be asked to undertake some apostolic work and they seek to avoid any responsibility that may take away from their free time. For example, it has become very difficult today to find trained parish catechists willing to persevere in this work for some years. Something similar is also happening with priests who are obsessed with protecting their free time. This is frequently due to the fact that people feel an overbearing need to guard their personal freedom, as though the task of evangelization was a dangerous poison rather than a joyful response to God's love which summons us to mission and makes us fulfilled and productive. [81]

**Question:** With so many other things to do, are we tempted to shy away from committing ourselves to our mission? What would encourage us?

**To ponder:** Jesus refused to be discouraged by the forces that opposed him.

**Pope Francis reflects on pessimism and defeatism:** One of the more serious temptations which stifles boldness and zeal is a defeatism which turns us into querulous and disillusioned pessimists, "sourpusses". Nobody can go off to battle unless he is fully convinced of victory beforehand. If we start without confidence, we have already lost half the battle and we bury our talents. [85]. The evil spirit of defeatism is brother to the temptation to separate, before its time, the wheat from the weeds; it is the fruit of an anxious and self-centred lack of trust. [85]

**Question:** How positive are we about our mission to spread the Good News?

**To ponder:** Jesus resisted the temptation to go it alone and went on to call his disciples to join in his mission of teaching and healing all who came to him.

**Pope Francis reflects on isolation:** Many try to escape from others and take refuge in the comfort of their privacy or in a small circle of close friends, renouncing the realism of the social aspect of the Gospel. Meanwhile, the Gospel tells us constantly to run the risk of a face-to-face encounter with others, with their physical presence which challenges us, with their pain and their pleas, with their joy which infects us in our close and continuous interaction. True faith in the incarnate Son of God is inseparable from self-giving, from membership in the community, from service, from reconciliation with others. The Son of God, by becoming flesh, summoned us to the revolution of tenderness. [88]

**Question:** Who are the people we are tempted to avoid? How can we ensure our community is open to all and at the service of all?

**To ponder:** Jesus was tempted to make himself special, to lord it over others, but chose the path of humility.

**Pope Francis reflects on warring among ourselves:** How many wars take place within the people of God and in our different communities! In our neighbourhoods and in the workplace, how many wars are caused by envy and jealousy, even among Christians! Spiritual worldliness leads some Christians to war with other Christians who stand in the way of their quest for power, prestige, pleasure and economic security. Some are even no longer content to live as part of the greater Church community but stoke a spirit of exclusivity, creating an "inner circle". Instead of belonging to the whole Church in all its rich variety, they belong to this or that group which thinks itself different or special. [98]. **Question:** Do any groups in our community appear to be exclusive? How can we make clear that God has no favourites?

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# Cathedral Notice Board

## CATHEDRAL WALKING GROUP

The next date for the Cathedral Walking Group will be on Sunday 24 March 2019 where once again we will meet at 12.30pm at the Cathedral Car Park. Previous walks have been excellent! Further details from [c.hanlon@metcathedral.org.uk](mailto:c.hanlon@metcathedral.org.uk) New walkers are always welcome.

## ADORAMUS TE

A Eucharistic Prayer Group for Young Professionals/Adults. We meet every Tuesday from 6pm - 7pm in the Blessed Sacrament Chapel of the Metropolitan Cathedral. This is a prayer group set up by and for young professionals/adults and students seeking time with God through Adoration, Holy Rosary & Silent Prayer. Please enter the Cathedral via the car park entrance. Contact: YP.Eucharistic@outlook.com

## CATHEDRAL BOOK CLUB

The next meeting of the Cathedral Book Club will be Thursday 11 April at 7.00pm in the Gibberd Room when we shall meet to discuss A Man with one of those Faces by Caimh McDonnell. All are welcome.

## CATHEDRAL GIFT SHOP

Is now selling a great selection of St Patrick's Day and Mother's Day Cards and Gifts. Pop in and get yours today.

## PASTORAL LETTER

There are copies of the Pastoral Letter from the Archbishop at the back of the Cathedral and the Crypt for you to collect and take home.

## LADIES DAY

Back by popular demand is Ladies Day which will take place on Saturday 29 June in the Crypt Concert Room from 4.00pm until 9.00pm. Tickets are £35 each and includes a glass of fizz on arrival, and a delicious 3-course summer meal. We are delighted that Frankie Connor from Radio Merseyside has agreed to act as our compere for the evening and providing the entertainment will be Danny Morris who formed part of the Eton Road Band and came to our attention on the X factor. Danny has kindly agreed to come out of retirement for our event! As last time the ballet dancers from Aspirations Theatre School will also be entertaining us. Fantastic prizes for the raffle. All in all a great afternoon event and a chance to put on your best dresses and get glam? What are you waiting for? Get your tickets from Cathedral House and for more information email [c.hanlon@metcathedral.org.uk](mailto:c.hanlon@metcathedral.org.uk)

## NEWS FROM SAINT NICHOLAS' CATHOLIC PRIMARY

Thank you to Fr Philip who led the school's Ash Wednesday Mass in the Cathedral crypt last Wednesday. The Mass was lovely and we had all practised our singing of the Mass's hymns in school over the last couple of weeks. Children ably and confidently said bidding prayers and did the offertory. As always, we were very proud of them. Walking the short distance from school in the rain certainly did not dampen our spirits or participation on the morning.

## 'TAP AND DONATE'

Please take a look at our brand new 'Tap and Donate' facility where you can make a donation to the Cathedral simply by tapping your debit card on the card reader. You can simply make a donation of either £3, £10 or £20.

## EASTER EGGS

Please would you consider donating an Easter Egg to the Cathedral this Lent. We will be sending half of anything we receive to the Women's Refuge on the Wirral and also to the 2 Refuge Houses that are in Liverpool, charities that are so deserving and in real need. The other half will be raffled after the Solemn Mass on Easter Sunday.

## EASTER LILIES

We are reviving an ancient tradition which associates a lily with the resurrection of Christ and our hope in eternal life. You are invited to buy a lily in memory of a departed loved one by placing £5 and the name of the person in an envelope and leaving it at the reception at Cathedral House or give it to one of the Cathedral clergy. The lilies will be used to decorate the Sanctuary during Easter, and the 10.00am Family Mass on Easter Sunday will be offered for their names.

## SYNOD 2020

Fr Eamonn Mulcahy, at the initial meetings for Synod Members described The Joy of the Gospel as 'the road map, the sat nav, the GPS for your Synod journey'. The reflection over the page is intended to assist us to reflect on some of the major themes of Evangelii Gaudium in relation to the Gospel stories we receive on the Sundays of Lent.

**First Sunday:** The Temptations of Jesus. As Jesus is tempted to give up or distort his mission, we reflect on the temptations Pope Francis has described that could stop us from carrying out our mission to share the joy of the Gospel.

## LENTEN TALKS 2019

**Walking in the footsteps of the Saints  
Five Reflections on practical ways  
to deepen our Spiritual Life**

### Tuesday 12 March Bishop Tom Williams

St Therese of Lisieux and St Teresa of Avila  
The little way and way of perfection

### Tuesday 19 March Fr Tony O'Brien

St Francis de Sales  
Introduction to the Devout Life

### Tuesday 26 March Uche Ameh

St Josemaria Escriva  
Encountering Christ in our work and daily life

### Tuesday 2 April Fr Denis Blackledge SJ

St Ignatius of Loyola  
The Spiritual Exercises

### Tuesday 9 April Archbishop McMahon

St Augustine  
The Confessions  
*'You have made us for yourself  
and our hearts are restless till they rest in you'*

**On Tuesday evenings we have Exposition  
6.00-7.00pm in the Blessed Sacrament  
Chapel. Talks will begin from 7.00-8.00pm  
in the Gibberd Room.**

Last week's collection: **2,097.00**

## GIFT SHOP

Inspirational Gifts and  
Souvenirs to choose from.

Monday – Sunday  
10.00am – 4.00pm

Located in the  
Cathedral Visitor Centre

0151 707 3525  
[giftshop@metcathedral.org.uk](mailto:giftshop@metcathedral.org.uk)



## PIAZZA CAFÉ

0151 707 3536

Fine Food, Speciality Coffees,  
Continental Beers and Wines

Monday – Saturday  
9.00am – 5.00pm  
Sunday  
10.00am – 4.00pm

Located in the  
Cathedral Visitor Centre



## GOLDEN BOOK OFFICE

0151 707 2107  
[t.lundbeck@metcathedral.org.uk](mailto:t.lundbeck@metcathedral.org.uk)

The 5.15pm Mass on the first  
Friday of every month will be  
offered for all those who are  
recorded in the Golden Book.

Monday – Friday  
10.00am – 3.30pm



— THE MYSTERY OF THE —  
**LUTYENS CRYPT**  
— LIVERPOOL'S BEST KEPT —  
**ARCHITECTURAL SECRET**

Open Monday-Saturday: First Admission: 10.00am Last Admission 3.30pm

Crypt Admission Charges: £3 Adults, £8 Family (2 adults + 2 children) £2 School Parties (per person)